## The workplace revolution

A picture of flexible working 2017

Regus, January 2017



#### **Foreword**

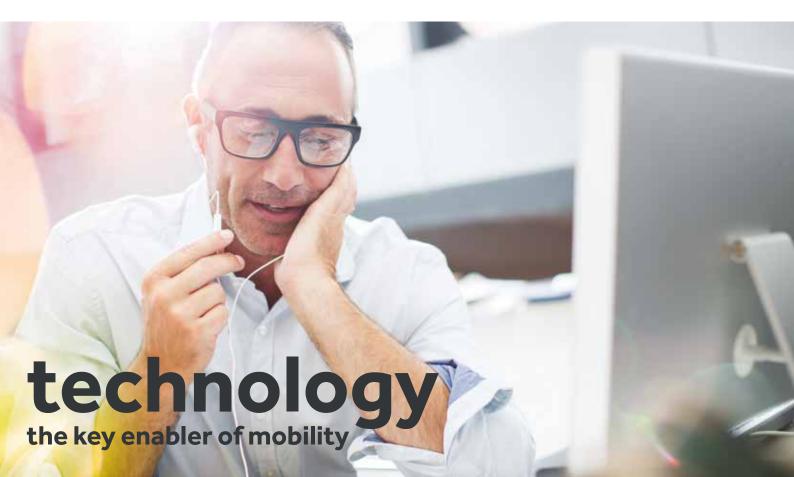
Regus, the global flexible workspace provider, has been commissioning research on various aspects of remote and flexible work for the last ten years. This latest report provides a 'state-of-the-nation' snapshot of the world of work today. The research, canvassing the opinions of over 20,000 senior managers and owners in business, focused on taking the pulse of how wide-spread remote working has become in key economies around the world, its frequency, location and how it is managed.

It would be impossible to talk about remote working without acknowledging the role of technology as a key enabler of mobility: business people are able to work outside one of their main office locations, or indeed outside of an office at all, thanks to ubiquitous Wi-Fi and mobile devices such as smartphones, tablet computers and even trusty old laptops. Without these devices business people would have to constantly return to their office to send an email, talk to their colleagues, check a document or print off files.

The speed at which technology has evolved means that not only are business people able to take their work around the city as they hop from meeting to meeting, or home in the evening, but they are also able to carry out these tasks and remain cost-effectively connected with their team or

their management thanks to solutions that have made even telephoning seem cumbersome and old-fashioned. Examples of these solutions are:- instant messaging, that replaces, for the employee working remotely the act of leaning across their desk to ask a colleague a quick question; or VoIP, that allows users to call or videocall very cost-effectively from their devices. Yet all these solutions are predicated on one key ingredient: a strong and fast internet connection. Without this, mobile working is severely limited.

Another key driver of remote working is the changing workforce: as generations grow-up expecting to be able to communicate cheaply and rapidly from anywhere in the world, it follows they expect this to also be the case in the professional arena. A whole host of literature is available analysing and outlining the different attitude towards work: life balance that younger generations (starting from Millennials) are introducing and making the norm in the world of work. Specifically, a generation that is completely aware of how impossible it is to switch off technology and make oneself unavailable for even a few hours, is clamouring to at least be able to enjoy the reverse of this phenomenon and to carry out their work tasks freely from any location they choose.



# Improved concentration levels and productivity are benefits of flexible working

It's not just younger generations, however, that are demanding and enjoying a more flexible work environment. Older workers, forced to (or choosing to) delay retirement are also better able to combine their personal life with continued workforce participation if they are not required to face a gruelling daily commute. This latest survey also shows that today's workforce is increasingly composed of freelance workers and consultants as well as part-time workers who actively seek out the opportunity to work more flexibly.

From spending more time on leisure and loved ones, to cutting down commute times and finding more time to relax, workers prefer flexible working for a host of reasons and for many it has now become a key differentiator when faced with a choice between similar jobs. This is an important aspect to consider for businesses seeking to acquire top talent, as today's workers are reporting that it's not just salary which makes a difference. Add to this the fact that our research shows improved concentration levels and productivity are benefits of flexible working, and the business case is made.

As more and more workers demand to work flexibly, and with all the technology available to enable them to do so productively. it is hardly surprising to find that businesses are marrying their need for greater agility (rapid response to market changes) with helping workers achieve greater personal happiness and work: life balance. This research shows that the trend towards increasing use of flexible work locations instead of fixed leasing arrangements doesn't only concern SMEs but is actually applicable to all types of firms.

Taking a more flexible approach to how they manage their premises as well as hiring more consultants and freelance workers allows businesses to be more responsive and better placed to embrace growth, as well as navigating choppy waters should they arise. In short, today's workplace is becoming radically different from that demanded by the previous generation – a phase change compared to twenty years ago – and this reflects the composition of the workforce which is now richer in flexible working roles and more open to valuing employees on performance rather than face-time. As the world of work evolves, Regus is at the front line, taking its pulse and helping businesses grow and prosper.

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#### Report summary

The world of work is being dramatically propelled into the future faster than ever before by a heady mix of new technologies and the demands of a workforce that is increasingly calling for a better work:life balance. In fact, over 50% of workers now report that they work outside the main office 2.5 days a week or more. But where are business people carrying out their work if they are not in the main office? Almost a third report they work from different locations in the same city and a quarter say they are working from other cities suggesting that business people are finding they need to remain productive while on the move and between meetings.

computers and smartphones. Similarly, business people are making more and more use of solutions that let them access files and desktops remotely through Cloud applications. Technology already provides these workers with all they need to stay connected with their teams and access their files and documents wherever they are. Specifically, VoIP calls and instant messaging apps are increasingly used by workers on-the-go to keep in touch with colleagues and staff cost-effectively: all that is required is a fast internet connection to make them feel as though they are in the office. And management agree, reporting that rather than relying solely on expensive and invasive IT to

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of workers now report that they work outside the main office 2.5 days a week or more.

Only 36% say they exclusively work from home when remote and it's easy to see why: workers report that home working is seriously damaging for productivity and doesn't convey a professional image with family members, with pets and household noises, disturbing calls and concentration levels. More importantly, workers report that at home they are unable to access key office equipment and a reliable and speedy internet connection. Although working closer to home helps business people improve their schedule and see more of their families, they clearly would rather not work within the home and report that working remotely is ideal to help them be closer to client meetings.

One of the main enablers of flexible working is of course technology. A number of apps allow workers to remain connected and productive at all times from laptops, tablet track productivity, workers should simply be having regular meetings and catch up phone calls.

The other key driver of flexible working is worker demand: as businesses report that they are seeing more consultants and freelancers populate the workforce, it is hardly surprising that the need for flexible workspace is also expected to continue to grow. Combine this with the need to find a better work:life balance (voiced by Millennials and by an increasing number of people adapting their working habits in order to remain in employment beyond pensionable age) and you have the perfect recipe for a more mobile workforce. But businesses stand to benefit too, with firms of all sizes expected to embrace the demand to work more flexibly and to promote agility by reducing fixed office costs and avoiding fixed leasing arrangements.



## Flexible working – the global context

Reports confirm that today's workforce is radically different to that of just twenty years ago. Not only have new technologies enabled ways of working that would have seemed impossible just a few decades ago, but the speed of reaction required by every worker — as well as the sense of being always connected and available over email or telephone - have given rise to a greater need for work:life balance and for workers to carve out personal time in a world where professional and leisure 'space' have become increasingly confused.

Smartphone penetration in the UK now stands at a staggering 91% for 18-44 year olds and over 70% for Belgian, Dutch and German adults. France falls slightly behind the EU average at 61% and is closer to the Chinese 62% but still remains well above 50%. It is not surprising, therefore, to find that apps that have been specifically designed for mobile use are becoming increasingly popular and at the same time further driving flexible work by making it easier for business people to remain productive on-thego and for teams to stay connected.

In 2015, global mobile app revenues amounted to \$69.7

billion and in 2020, mobile apps are projected to generate \$188.9 billion in revenues via app stores and in-app advertising, signalling that more and more users will be downloading and making daily use of these tools. Users prefer apps to mobile sites and spend 90% of mobile time on them rather than on browsers as confirmed by Flurry Analytics (June 2015).

And yet all these apps and solutions ranging from VoIP, to instant messaging, to video sharing, to remote access to servers, desktops and the Cloud all rely on a fast and solid internet connection. Unfortunately, the speed and quality of internet connections varies greatly and impacts workers' ability to be productive and efficient remotely. In January 2016 the British Infrastructure Group revealed that in the UK 5.7 million broadband customers had internet connections that do not reach Ofcom's acceptable minimum speed of 10Mbit/s, around 3.5 million of these are based in rural areas. In the EU studies have shown that average speeds of broadband are actually 75% of those advertised. It would follow that home working can therefore not be expected to be as efficient if workers are located in rural areas.



Without a suitably fast connection it is impossible for businesses to provide workers with access to servers in the Cloud or to desktops. VoIP and uploading of documents on file sharing devices are also cumbersome and time-wasting if the IT infrastructure isn't up to speed. In the EU 19% of enterprises used Cloud computing in 2014, mostly for hosting their e-mail systems and storing electronic files. 46% of firms used advanced Cloud services for financial and accounting software applications, customer relationship management or to run business applications. Brazil's Cloud computing market revenue was \$217 million in 2012 and it is expected to reach \$1.1 billion by 2017, while in Latin America in general 66% of businesses are adopting Cloud technology.

Given the evolving technology landscape it follows that Millennials and Generation Z, who have grown up accustomed to using technology in everyday life and remaining connected 24-7, are applying the same speed of communication and reactivity to their professional life. A study by Bentley University shows that 89% of Millennials regularly check emails after work, but being constantly connected has a trade-off and that is Millennials want more freedom of location and 77% report that flexible work would make them more productive. As Millennials will compose 50% of the workforce by 2020 it is important for businesses to become attuned to their needs or risk paying the hefty price of replacing them, which averages \$25,000 a USA report found.

But it is not just younger generations making their mark and driving the quest for mobility in the modern workplace, older workers, obliged or willing to remain in employment beyond retirement are also demanding more flexibility. The OECD report that in the 55-64 years age bracket 56% of people are now employed compared to 48% in 2014. In Germany employment rates for older workers are 67% for 55-59 year olds but most importantly in Germany, the Netherlands,

27%

of workers regard their commute as a 'waste' of time



Belgium and France, the increase of older workers in employment beyond retirement between 2004-2014 has been above OECD average signalling an important shift in workforce composition.

Another USA report confirms that more and more workers are choosing not to become employees but to retain their freedom and freelance or work as consultants. The study shows that more than one in three workers in the United States are setting their own hours and being their own bosses. 42% reveal that they chose this path to have more flexibility. Research in Canada confirms that freedom of choice linked to greater flexibility is a game-changer in work:life balance as having a flexible schedule that enables individuals to choose when their work day starts and ends is associated with slightly greater satisfaction: 79% of employees with a flexible work schedule reported that they were satisfied or very satisfied with their work-life balance, compared with 73% of those whose schedule was not flexible.

One of the key drivers for all types of workers to demand more flexibility is in order to improve their quality of life be it by reducing their commute to spend more time with loved ones, in the gym or simply to get more sleep. Regus research has shown that 27% of workers regard their commute as a 'waste' of time so it is hardly surprising that Indian workers who commute on average 38 minutes each way compared to the global average of 33 minutes, should be concerned about winning back some personal time and choosing where they work from. Japanese workers also face a lengthy commute (39 minutes each way on average) and the OECD reports that in Japan the share of people working very long hours is higher than the average. 28% of workers in Mexico work long hours, well above the OECD average of 13%, highlighting the importance of reducing commute times and regaining work:life balance in this country. The same concern also applies to Australian workers who have been found by the Australia Institute to produce \$110 billion in unpaid overtime every year.

#### Remote working today

#### **KEY FINDINGS**

- Over half (54%) of global respondents now confirm that they work remotely 2.5 days a week or more;
- 2 Only a minority work exclusively from home (36%) when remote;
- Workers report that they mostly need to work from different locations around the same city (32%), or from other cities (25%);
- 4 This suggests that it is the need to remain active while going to and from business meetings that is driving their need for remote working;
- 5 Among the most popular locations for remote work, apart from the home office, a fifth (20%) select business centres;
- 6 Only 13% report working from noisy cafes when on the go;
- 7 A key interpretation of these findings is that the face of the global workforce is changing and with it are its needs;
- 8 Global business people in fact report that over the past two years they are seeing more consultants (30%) and freelance workers (29%) and part-timers (22%);
- Workers demanding a better work: life balance and more freedom to choose their own hours and location, combined with businesses focusing on being more agile, have no doubt contributed to increasing the number of freelancers and consultants;
- 10 Interestingly, business people also report older workers are remaining beyond pensionable age (13%);
- These new types of workers are almost certainly in part responsible for the increase (66%) of respondents who expect to see increase in the demand for flexible workspace be it business lounges, co-working spaces, short-term offices or drop-in centres.

#### THE RESULTS

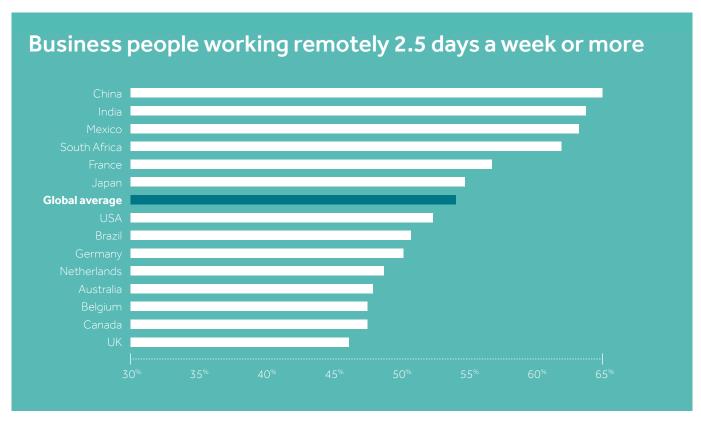


Figure 1: Business people working remotely half the week or more in key geographies

The proportion of business people globally that work outside one of their company's major office locations half the week or more has now reached over 50%. This signals an important shift from a workforce that is predominantly office-based, to one that is at least partially mobile.

Many businesses have introduced a remote work day for all employees or those with families and although these workers cannot be thought of as 'remote' workers, they are nonetheless revealing that up to a fifth of their working week is not carried out from one of their company's main office locations.

Yet actually a lot more workers carry out a few hours of work remotely each week, whether this is because they are taking their laptop home to finish something off in the evening, or carrying out conference calls as they move from one meeting to another, or even simply catching up on emails as they commute back home on a busy train. At the other end of the spectrum only one in ten are 'pure' remote workers staying out of main premises all week.

The research investigated the topic further and looked into the physical location where work is being carried out when not in one of the company's main offices and found that

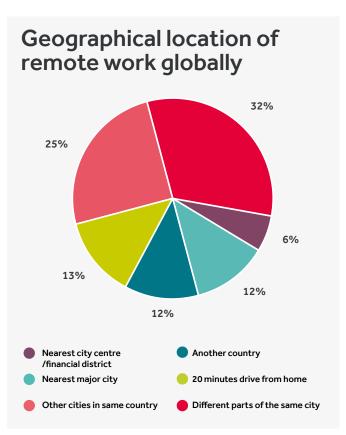


Figure 2: Geographical location of remote work

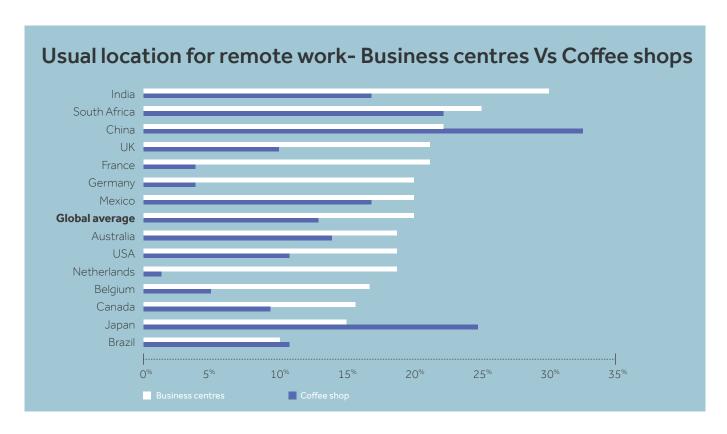


Figure 3: Usual location of work: cafes Vs business lounges across key geographies

only a minority work exclusively from home (36%). Rather, workers suggest that they work remotely in order to remain productive while travelling to and from meetings within the same city or in other cities (57%).

Choice of location therefore mostly falls on business centre and café's which, however, are regarded as too noisy and unproductive by most as revealed by Regus research in 2013.

This clear shift in working habits towards greater flexibility is in part dictated by the changing needs of a new workforce. Compared to just the previous year, global business people report that they are seeing more consultants and freelance workers as well as older workers that are remaining beyond pensionable age. The expectations of greater freedom and flexibility that these workers have are certainly contributing to the popularity of mobile work.



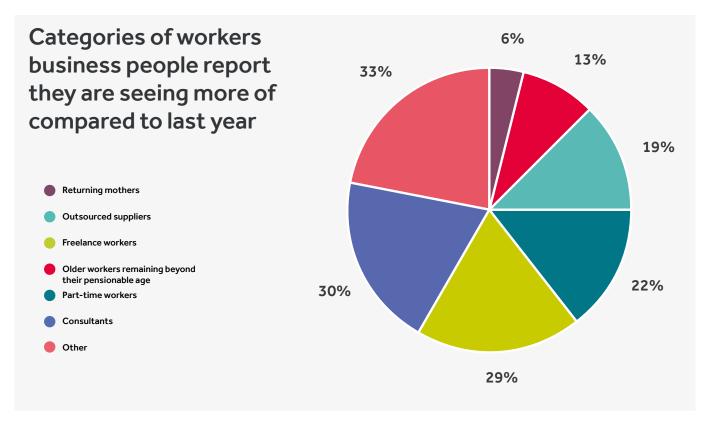


Figure 4: New types of workers composing the workforce

On the one hand, more and more workers are demanding a better work: life balance and choosing to go freelance or part-time to choose their own hours and location, while on the other, returning mothers and older workers are keen to remain in the world of work while juggling the demands of family and their health.

These new types of workers are almost certainly in part responsible for the increase - 66% of respondents expect to see an increase in the demand for flexible workspace be it business lounges, co-working spaces, short-term offices or drop-in centres.

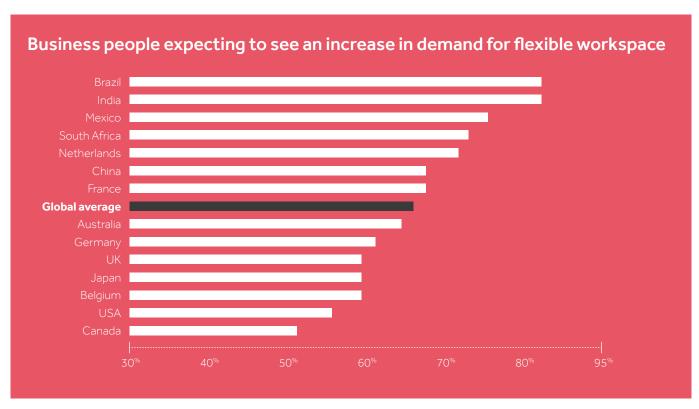


Figure 5: Expectations for flexible work demand to increase in key geographies

#### Country highlights

Australia	48% of business people in Australia work remotely half the week or more
Belgium	17% of Belgian business people work from a business lounge when remote
Brazil	81% of business people expect to see an increase in demand for flexible workspace in the next year
Canada	11% of business people in Canada report that they work remotely all week
China	65% of Chinese business people work outside one of their main office locations half the week or more 34% say they work within 20 minutes commute from their
	home when they work remotely 
France	Whereas a fifth of French workers use business centres when remote, only 4% opt for cafes
Germany	40% of German business people say that when remote they are working from different cities in the same country
India	81% of business people say they expect demand for flexible workspace to grow in the coming year
Japan	60% of Japanese workers expect demand for flexible workspace to increase in the coming year
Mexico	63% of business people work outside one of their company's main office locations 2.5 days a week or more
Netherlands	19% of Dutch workers use business centres when remote, but only 2% opt for cafes
South Africa	28% of South African business people say that when remote they are working from different cities in the same country
UK	28% of business people say they are seeing more consultants than a year ago
USA	14% of business people say that they work remotely all week

## The limitations of homeworking

#### **KEY FINDINGS**

- Global respondents confirm that working from home puts productivity at risk:
   45% confirm they find it hard to concentrate;
- This could be due to the demands for attention of family members (48%), but also difficulties accessing key office equipment (30%);
- A slow or unreliable internet connection (22%) is also a hurdle encountered by home workers;
- But respondents also reveal another key issue with working from home and that is background noise: 40% say family and pets disturb phone calls;
- Household noises such as the door bell ringing, the washing machine, or the dishwasher (29%) are also a distraction and sound unprofessional to callers;
- A fifth find not being able to access sensitive company documents a set-back;
- In spite of this, working closer to home could improve productivity (64%) by slashing commute times;
- Work: life balance would also benefit (54%) as workers could spend less time travelling; helping workers juggle personal and work demands;
- It follows that relationships with loved ones could benefit (23%) from additional time freed-up from pointless commuting;
- 18% even think that flexible working improves health;
- From a business perspective working closer to home, but from a professional location provides access to technology (31%) and helps make useful business connections (31%).

#### THE RESULTS

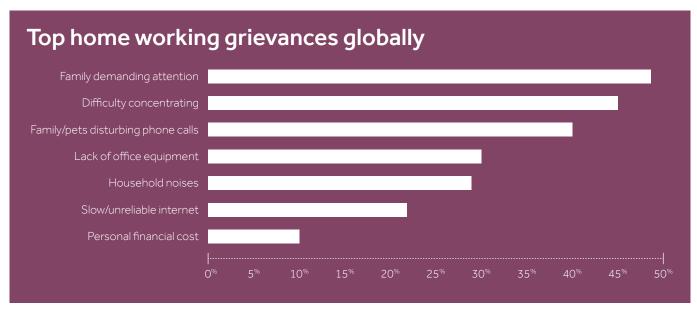


Figure 6: Problems posed by home working

Business people globally confirm that working from home is not ideal and report that noise, lack of office resources and difficulties focusing on professional matters are a serious hindrance. One in ten also regard the financial cost of setting up a home office and running it as an obstacle.

While the main issues with home working can be defined as 'psychological' as they really depend on the worker's

ability to remove their mind from household concerns, other issues are of a more practical nature and hard to resolve without serious investment in a fully equipped home office that is removed from areas of the home where household noises such as children playing, babies crying, dogs barking, washing machines spinning and doorbells ringing are not an issue.

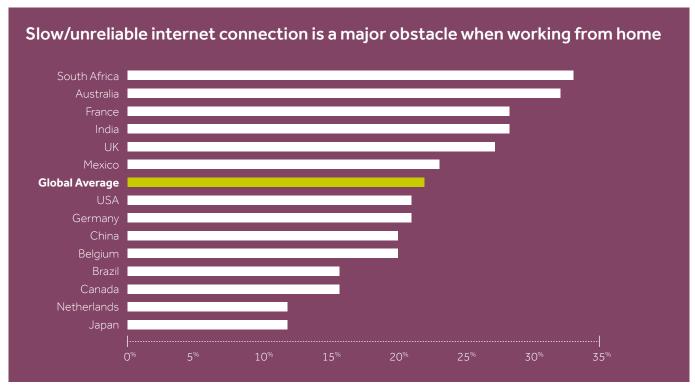


Figure 7: Respondents reporting a slow internet connection is a major obstacle to home working

Unavailability of a fast or reliable internet connection is of course a major bug-bear and one that can only really be overcome by workers that live in well served urban areas reached by fiber optic for example. Countries where infrastructure is lagging behind or remote areas show a greater struggle with the issue.

Working outside the home, but **closer to home** on the other hand could afford the answer as respondents report that it helps increase productivity and improves work:life balance. Slashing commute times is therefore not only seen as a business benefit allowing workers to spend more time at work, but also allows them to get home or wherever they need to be earlier.

It follows that relationships with loved ones could benefit from additional time freed-up and less stress could also lead to improved health and happiness. Workers also report that being in a professional setting closer to home allows them access to technology and network without spending hours travelling.

Businesses, however, will be particularly interested in seeing how likely productivity is to improve with the introduction or extension of flexible working. The results reveal that across key geographies more than half of respondents consistently think there is a correlation between flexibility and productivity with peaks in India, Brazil and South Africa.

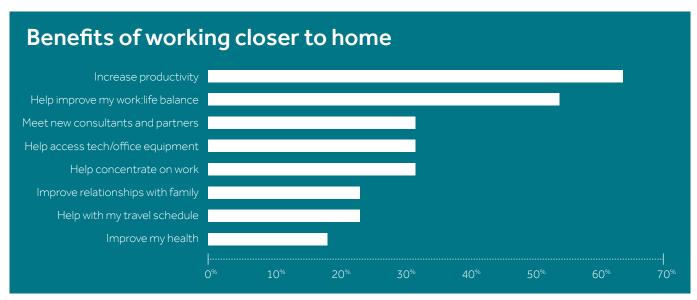
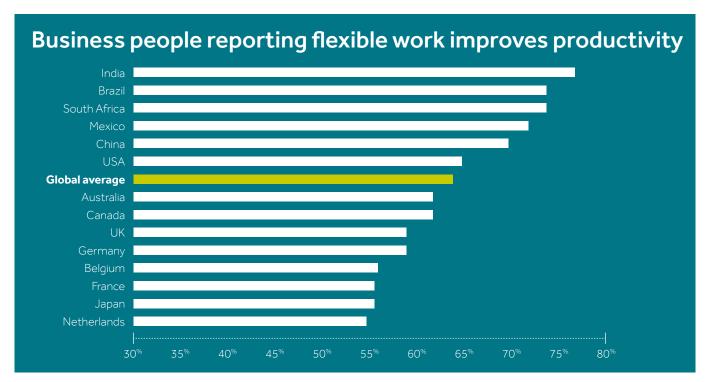


Figure 8: Key benefits of working from locations closer to home



Figure~9: Respondents~across~key~geographies~that~think~flexible~working~improves~productivity~flexible~defined across~key~geographies~that~think~flexible~working~improves~productivity~flexible~defined across~key~geographies~that~think~flexible~defined across

#### Country highlights

Australia	32% of Australian business people report that a slow or unreliable internet connection is one of the main obstacles to home working
Belgium	61% of Belgian workers say that closer to home working could help improve their work:life balance
Brazil	74% of Brazilian business people say closer to home working improves productivity 35% of workers report that closer to home working improves family relationships
Canada	49% of Canadians say they find it hard to concentrate on work issues when working from home
China	61% of Chinese workers say that children or family demanding attention are an obstacle to home working
France	34% of French workers report that working closer to home helps them network
Germany	61% of German workers say that children or family demanding attention are an obstacle to home working
India	49% of Indian workers report that household noises such as the doorbell ringing, the washing machine, or the dishwasher are an obstacle to home working
Japan	61% of Japanese workers say that home working makes it difficult to concentrate on work issues 56% say that working closer to home helps improve productivity
Mexico	72% of Mexican workers say that closer to home working helps improve productivity
Netherlands	33% of Dutch workers say that working closer to home helps them manage their travel schedule more efficiently
South Africa	33% of South African business people say that a slow or unreliable internet connection is an obstacle to home working 74% of South African workers say that closer to home working improves productivity
UK	27% of business people say that a slow or unreliable internet connection is an obstacle to home working 35% of UK workers say that close to home working helps them access office equipment while on-the-go
USA	65% of USA workers say that closer to home improves productivity

#### The role of technology

#### **KEY FINDINGS**

- Business people globally are responding to the need to remain connected 24/7 by using more and more remote work enabling apps such as Skype (60%),
   Whatsapp (65%) and Facebook Messenger (51%);
- Compared to January 2015, Whatsapp has overtaken Skype in popularity among business users (were 54% and 60%) probably due to the introduction of VoIP and video calls;
- Important differences at geographical level do need to be taken into account with 98% of Chinese workers saying they had used WeChat, and 70% of Japanese users reporting they had used LINE, over the last month;
- 86% of workers report that managers and staff should use instant messaging and the telephone to remain in contact;
- As flexible working becomes more and more a part of business people's way of life, key tools enabling remote working are also gaining popularity: In January 2015, Dropbox, the most popular solution, was used by 56% of workers, but by 63% a year later;
- Similarly, Google Drive was used by 43% of workers and now by 50%;
- Business people globally report that the move to remote working is strongly driving the take-up of "Cloud" applications which can be accessed anywhere (89%) and almost a quarter (24%) had used server access in the Cloud in the previous month;
- 40% had used videoconferencing highlighting the importance of achieving face-to-face interaction in a more mobile world;
- It is not surprising therefore that they find access to fast Wi-Fi or broadband impacts their ability to work remotely most of all (84%);
- Remote access to the server is also an important factor (37%);
- Only 66%, however, think that their business should use IT systems that track and measure their productivity, favouring more traditional management monitoring techniques such as monthly meetings (82%) and phone calls (81%);
- The second factor most likely to impact remote working is having an efficient smartphone (45%); only 26% say the same of a tablet computer suggesting that smartphones are the preferred technology for workers on-the-go.

#### THE RESULTS

One of the key ways business people are using to remain always connected to teams and colleagues cost-effectively is Instant Messaging and VoIP. Not only is this solution cheap and speedy, but younger generations have been using them in their personal communications so long that transferring them to the workplace is only natural. In addition to this, 86% of workers believe that managers and staff should use instant messaging and the telephone to remain in contact. Specifically workers are using Skype (60%), WhatsApp (65%) and Facebook Messenger (51%).

Compared to January 2015, WhatsApp has overtaken Skype in popularity among business users probably due to the introduction of VoIP and video calls making the tool even more versatile. In addition many users are finding that creating groups for communications that need to go out to the whole team is very practical. Important differences at geographical level do need to be taken into account with 98% of Chinese workers saying they had used WeChat, and 71% of Japanese users reporting they had used LINE, over the previous month.

Along with communications, mobile workers are also using more and more online tools to help them work remotely more efficiently and productively. Regus research shows that these tools that enable remote working, whether by providing access to desktops remotely or making document



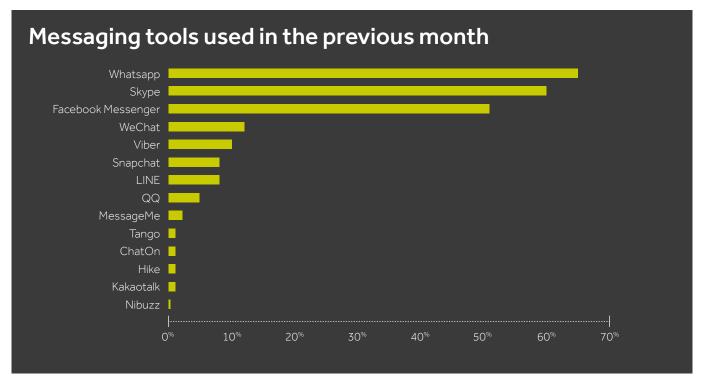


Figure 10: Communication tools used the previous month by business people

## of workers now use Google Drive

sharing easier, are gaining popularity: Dropbox, the most popular solution, was used by 56% of workers in January 2015, but by 63% a year later. Similarly, Google Drive was used by 43% of workers and now by 50%.

All these solutions have in common the fact that they require a stable internet connection and as flexible working continues to become more the norm, it is not surprising (therefore) that access to fast Wi-Fi or broadband impacts worker's ability to work remotely most of all (84%). Remote access to the server is also an important factor, but scores much lower as, of course, access to the server also depends ultimately on a strong internet connection.

Interestingly, mobile workers also clearly opt for having an efficient smartphone over a tablet computer or iPad to

enable them to work.

Mobile workers are also strongly driving the take-up of "Cloud" applications which can be accessed anywhere (89%). Almost a quarter of business people in fact report they had used server access in the Cloud in the previous month.

Although mobile working is becoming more and more popular and appreciated by both businesses and workers, the issue of tracking productivity when not in the main office is one that most firms needs to address at some point. Only 66% of business people think that their business should use IT systems that track and measure levels of activity and productivity, favouring more traditional systems such as monthly meetings (82%) and phone calls (81%).

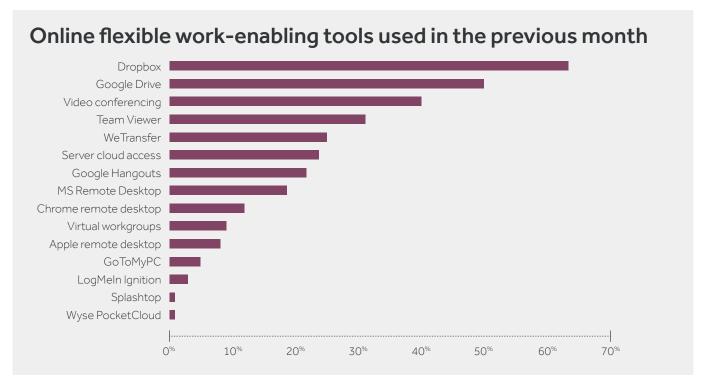


Figure 11: Online tools used the previous month for flexible working

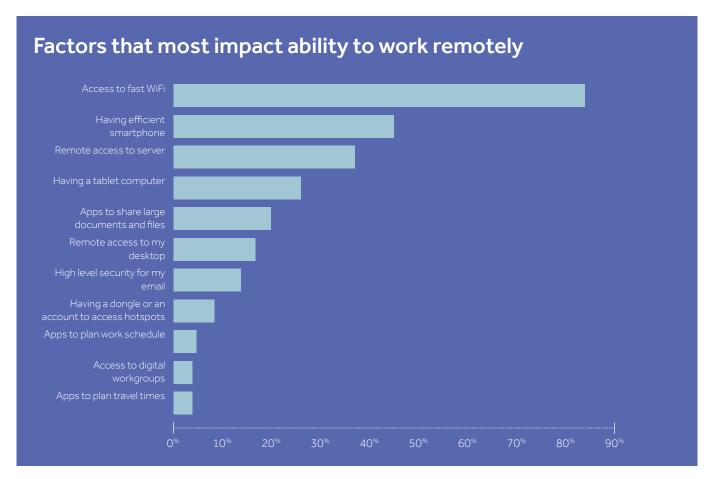


Figure 12: Global respondents identify factors impacting remote work

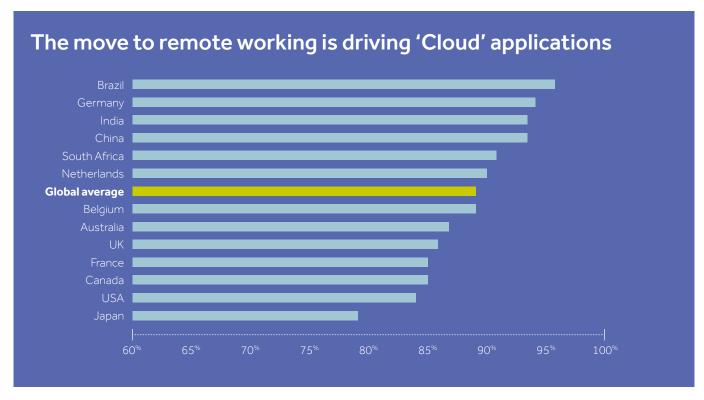


Figure 13: Respondents in key geographies reporting remote working is driving Cloud applications

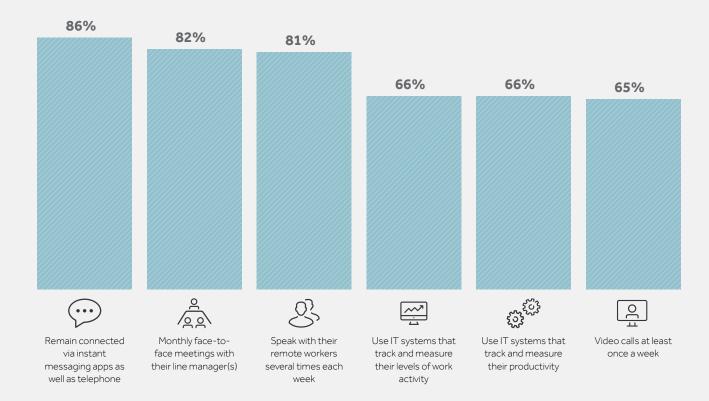


Figure 14: Business people's views on managing remote work



#### Country highlights

Australia	71% of Australian business people had used Dropbox in the previous month 34% say remote access to the server impacts their ability to work remotely
Belgium	52% of Belgian workers say remote access to the server impacts their ability to work remotely
Brazil	92% of Brazilian workers say access to fast and reliable Wi-Fi or broadband impacts their ability to work remotely
Canada	40% of Canadian business people had used WhatsApp in the previous month
China	98% of Chinese business people had used WeChat in the previous month 61% had used video conferencing
France	71% of French workers think that remote workers must be prepared to agree to use IT systems that track and measure their levels of work activity
Germany	94% of Germans report that mobile working is strongly driving the take up of 'Cloud' applications
India	84% of Indian workers think that remote workers must be prepared to agree to use IT systems that track and measure their levels of work activity
Japan	71% of Japanese business people had used LINE in the previous month
Mexico	67% of Mexican business people had used Google Drive in the previous month
Netherlands	Only 47% Dutch business people think that remote workers must be prepared to agree to use IT systems that track and measure their levels of work activity
South Africa	97% of business people reported using WhatsApp the previous month
UK	62% of business people reported using Skype the previous month 51% think that remote workers must be prepared to agree to use IT systems that track and measure their levels of work activity
USA	61% of USA business people think that remote workers must be prepared to agree to use IT systems that track and measure their levels of work activity and productivity

#### Relishing remote working

#### **KEY FINDINGS**

- Business managers and directors globally report that they plan to allow their teams between one and two days to work remotely next year (35%);
- 11% would allow workers to work remotely the whole week;
- There are a number of reasons workers report mobile working is becoming more important and specifically 58% say it helps them be closer to clients or prospects for important meetings;
- 56% report remote working helps them concentrate, and that it improves productivity by providing a change of scenery and a way of avoiding 'cabin fever' (53%);
- Unsurprisingly 55% say it helps them improve their travel schedule, while 46% believe it will allow them to see more of their family;
- A third of firms report that they expect to see businesses of all sizes opting for flexible work locations rather than fixed term leasing contracts;
- 28% expect the trend to specifically concern small firms;
- The main driver is expected to be the need to reduce fixed office costs (51%), followed by workers demanding to work closer to home (43%);
- Avoiding fixed leasing arrangements (37%) that hamper their need to expand and contract rapidly is also a key reason to opt for flexible working.

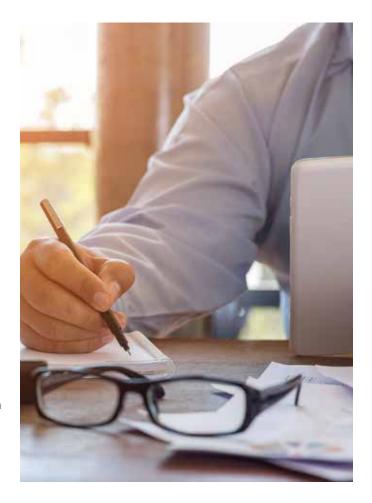
#### THE RESULTS

Team managers and directors across the globe report that they plan to allow workers to work remotely either one or one to two days a week. This is roughly aligned with worker demand suggesting that there is no particular struggle between management and workers for flexible working, rather that it is understood and appreciated both ends. Just over one in ten, however, will allow workers to be remote the entire week.

1/3

A third of firms report that they expect to see businesses of all sizes opting for flexible work locations rather than fixed term leasing contracts

Among the reasons that have made mobile working mainstream are both personal and business benefits. In particular, business people report that it helps them be physically closer to clients and prospects, improve their travel schedule, and concentrate especially as a change of scenery often helps them regain focus. Productivity also therefore increases. Workers report that flexibility also has a positive effect on morale and helps them be closer to their family as they are able to get home earlier or to take part in activities such as the school run that a lengthier commute would have made impossible.



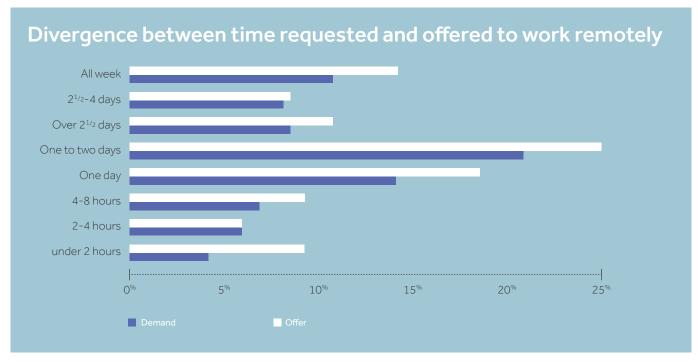


Figure 15: Divergence between demand for flexible work and offer

#### THE RESULTS

With businesses reporting all these benefits it is hardly surprising that flexible working is expected to continue in its growth trajectory over the next year and longer. A third of firms (34%) report that they expect to see businesses of all sizes opting for flexible work locations rather than fixed term leasing contracts: 28% expect the trend to specifically concern boot-strapped small firms, but 18% think it will be

large firms divesting expensive assets and moving staff to more flexible locations. While the main driver is of course the reduction of fixed office costs, many businesses have made agility a key part of their business plan and are choosing services and solutions that allow them the flexibility to expand and contract rapidly in response to market changes.

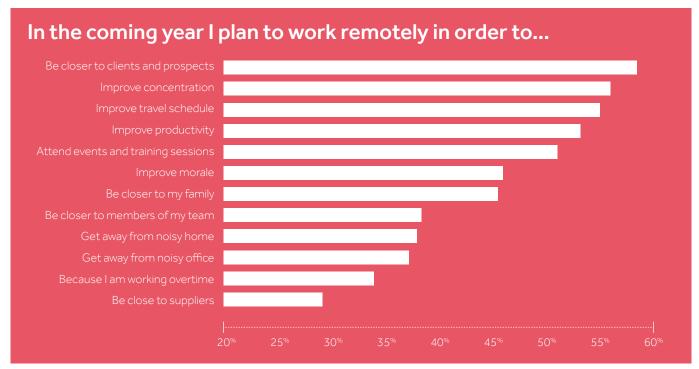


Figure 16: Reasons global business people plan to work remotely in the coming year



Figure 17: Main drivers for flexible working in the coming year

#### Country highlights

Australia	50% of Australian workers think cost reduction will be one of the main drivers of flexible working in 2017
Belgium	53% of Belgian business people say that workers demanding to be closer to home will be one of the main drivers of flexible working in 2017
Brazil	52% of Brazilian business people say that workers demanding to be closer to home will be one of the main drivers of flexible working in 2017
Canada	53% of Canadian workers agree that flexible working helps them attend events and training sessions
China	55% of Chinese business people say flexible working helps them get away from a noisy office 72% of Chinese workers say flexible working helps them improve their travel schedule
France	61% of French business people say workers' demand to work flexibly will be a main driver in 2017
Germany	45% of German businesses report that wanting to be more reactive to market changes will be a main driver in 2017 62% say flexible working helps them be closer to clients and prospects
India	70% of Indian workers say that flexible working improves their productivity with a change of scenery
Japan	36% of Japanese workers say businesses wanting to be more reactive to market changes will be the main driver for flexible working in 2017
Mexico	35% of Mexican business people expect more businesses of all sizes opting for flexible work locations rather than fixed term leasing contracts
Netherlands	40% of Dutch business people expect more businesses of all sizes opting for flexible work locations rather than fixed term leasing contracts
South Africa	51% of South African business people say avoiding fixed leases will be a main driver for flexible working in 2017
UK	33% of UK business people expect more businesses of all sizes opting for flexible work locations rather than fixed term leasing contracts 38% of workers say the need to scale staff numbers flexibly will be a main driver for flexible working in 2017
USA	50% of business people say demand from workers will be a main driver for flexible working in 2017

### Conclusions – Looking to the Future

It is clear that the world of work and the workplaces of today are quite different to twenty years ago. It is not just technology that is facilitating this metamorphosis (even though its role has been revolutionary) but it is people's attitudes and mind-sets that have created the demand to work flexibly and promote agility.

Business people's priorities are shifting; more and more businesses are becoming open to valuing employees on performance and productivity rather than actual in-office face-time, meaning a mobile workforce is evolving quicker than ever. With progressing technology and the increase of available products on the market, business people are able to carry out the same tasks remotely which they previously would have performed in a permanent office. Cloud applications let workers access files remotely, while VOIP calls and instant messaging apps are an easy and cost effective solution to ensure all colleagues stay connected, all of which are bringing benefits to businesses and workers alike.

More and more businesses are adopting a flexible mind-set when it comes to managing remote workers, but their views on how to achieve good management are surprisingly traditional; rather than simply investing in IT systems to track staff productivity, they reveal that conducting regular meetings (videoconferencing and in person) and telephone calls are proving critical. Instant messaging is also seen as a key way of keeping teams connected.

While flexible working is becoming the norm and is widely regarded as highly productive and beneficial to client relationships it is important to note that it should not be regarded as synonymous with home working. Working from home in fact carries several perils as the distractions can be damaging for productivity and household noises can create an unprofessional environment. Yet, working from a professional location close to home is seen as ideal as it allows workers to spend more time on leisure and with their loved ones, as well as cutting down commute times and finding more time to relax, thus resulting in a better work:life balance.



Millennials are making their presence in the business world known by their need to be able to constantly communicate no matter the location, at a cheap cost. This is a generation that depends on being connected by technology, so it is no surprise that they are looking to carry out their work tasks from where they choose. On the other end of the spectrum, older workers are occasionally forced or choose to stay employed for longer so adopting a flexible working attitude can help them to combine their personal needs with their employment responsibilities.

The research shows just how wide-spread flexible working is becoming and how fundamental technology is as an enabler of mobility. As the world of work continues to evolve, with more and more flexible workers such as consultants, part-time workers and freelancers composing the workforce, businesses and their employees only stand to gain from their intention to continue embracing agility and to break free from the fixed leasing arrangement mentality.

Over the past ten years, Regus has invested in analysing working habits and behaviours in the world of business. From where people work, to when and how they manage their work, Regus has also analysed the demands of workers, what makes them tick and what they do to try and reconcile the demands of their professional and personal life.

This survey, taken in tandem with strong growth and increased competition in flexible workspace provision, clearly indicates that demand will increase through to 2020 and beyond. This is an important indicator for businesses planning on managing their space efficiently as it means that fixed desks in major office locations are at high risk of being under-occupied. In September 2015, a fifth of business people reported that reducing leasehold property under-occupancy was a key driver for flexible working and 58% said they would be reducing overheads.

The commercial property world appears therefore to be on the verge of structural change, with mobile workers making a significant proportion of traditional fixed office space obsolete and inefficient. With more and more people working remotely at least part of the week, businesses of all sizes will be faced with the option of paying for empty desk space or cutting down on permanent office space and opting for more flexible solutions. These agile options range from co-working spaces to temporary office locations and business lounge membership for employees.

In addition to this, 31% of business people in September 2015 reported that they would be hiring more freelance workers and less full-time staff, this result is confirmed by 29% of respondents that report they are seeing more freelance workers compared with the year before.

The trend for increasing numbers of freelance workers flooding the world of work is aligned with reports suggesting that in a not too distant future the business-employee model will become obsolete and workers will all be consultants. In the US The freelance workforce grew to 55 million in 2016, up 1.3 million from 2015, while in their Workforce 2020 report SAP and Oxford Economics predict that the workplace in 2020 will be much more flexible with 83% of executives planning to increase use of "contingent, intermittent or consultant employees in the next three years, forcing change on companies."

Over the next decade the workforce is set to radically change becoming location agnostic. A growing number of flexible types of workers such as freelancers, contractors and part-time workers will make the demand for large fixed office locations rare and will instead drive the need for small, flexible office leasing arrangements, business lounges, co-working spaces and professional meeting rooms. Businesses need to be future-proofed for these changes so they are able to embrace agile work trends and manage growth efficiently.



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#### Methodology

More than 20,000 business respondents from more than 100 countries were interviewed via an online survey during September 2016. These were sourced from Regus' global contacts database of more than 2 million business-people worldwide, which is highly representative of senior managers and owners in business across the globe. Respondents were asked about their views on the effects of flexible working on workers, management and businesses. They were also asked about workforce composition and how the world of work has changed and is expected to change.

Respondents also provided information about the mobile work technologies they used in the previous month and key enablers for remote work.

The survey was managed and administered by the independent organization, MindMetre Research.

#### **About Regus**

Regus is the world's largest provider of flexible workspace solutions, with a network of 3,000 locations in over 1,000 towns and cities, across more than 100 countries, serving 2.3m members.

Through our range of office formats, as well as our growing mobile, virtual office, and workplace recovery businesses, we enable people and businesses to work where, when, and how they want, with a range of price points.

Our customers include some of the most successful entrepreneurs, start-ups and multi-billion dollar corporations.

For more information visit www.regus.com

